

Sole 2 Soul Yoga Privacy and Data Policy

Sole 2 Soul Yoga is owned and operated by Sole 2 Soul Yoga - Lisa Colclough

You can contact Lisa Colclough at sole2soulyoga@hotmail.com click here to email. All incoming and outgoing emails are scanned for viruses as are any documents sent to us.

We do not share, sell or use your information for any other purpose than that outlined above and we never receive information from any other third party

Sole2Soul Yoga collects, stores and protects data in 4 ways

Bookwhen booking system

Data inputted by users into the Bookwhen class and event booking system is all encrypted. This data includes name, telephone number, email and any other information incidental to the class or workshop and is stored on their secure web site. Payment information is stored securely at an external site (Stipe) and not shared with Sole 2 Soul Yoga.

Email (Mailchimp)

Name and email addresses of subscribers are kept on this external, secure database. You will only be on our mailing list by contacting Sole 2 Soul Yoga, attending a class, workshop or event.

Paper Based Exercise medical forms

New students are asked to fill in a form which has address and email information as well as information about injuries and health issues. This is for insurance and Lisa's purposes only. Forms are kept in a secure cupboard and not shared with anyone. Forms and data will be kept for a minimum of 6 years for legal reasons.

Phone numbers

These are stored on bookwhen but also in a personal iPhone for those people who have contacted Lisa by phone or are regulars who text or call her about classes.

If you no longer wish to hear from us please email us indicating you wish to have your details removed from our system and no longer receive marketing information or alternatively unsubscribe using the contact us page on the website. You always have the choice not to opt into emails at any time and there is an unsubscribe button on every email sent.

Lisa Colclough - 25th May 2018

